

What I Love about Sunday

By Rodney Nulph

Several years ago, country music artist and singer Craig Morgan composed a hit song titled, “That’s What I Love about Sunday.” In it, Morgan sings of some of the numerous reasons he loves Sunday. The song certainly has a nostalgic remembrance of days gone by when most folks gathered for worship in a local setting and then spent much of the day “relaxing” together. In years past, Sunday was certainly a special day for most all religious and moral folks. Sadly, today for many, Sunday is just another “Saturday” – a day to sleep longer, grocery shop, mow grass and catch up on the multitude of other chores that need to be done. Although many have changed their attitudes toward Sunday, it is still an extra special day for me! I, along with Mr. Morgan, love Sunday. Let me share with you, “What I Love about Sunday.”

Firstly, Sunday is a day of **reason**. There is a very special reason and purpose behind loving Sunday so much. Jesus, our Savior, triumphantly showed Himself to be the very Son of God by resurrecting from the dead on Sunday (Matthew 28:1ff; Romans 1:4). Thus, as each new Sunday dawns, the Christian awakes realizing that Sunday is an extra special day! Without the resurrection from the dead, we are hopeless (1 Corinthians 15:19). Also, it was on the first Sunday following the Ascension of Jesus that He ‘drove the last nail’ into the eternal building project, called the church. The doors to this wonderful project were opened on Sunday. Of course, it was on Sunday that our brethren met together to partake of the Lord’s Supper and other acts of worship (Acts 20:7). Sadly, to many, Sunday is just another day of the week – a day to golf, boat, fish, play sports or just relax, but to those who have been redeemed, Sunday is a day of reason!

Secondly, Sunday is a day of **remembrance**. Because Jesus asked His followers to remember Him in a special way on Sunday (i.e., the Lord’s Supper, cf. 1 Corinthians 11:24-25), we do just that! Christians look backward remembering the horrific scenes of Calvary (1 Corinthians 11:26a, “show the Lord’s death”). Likewise, Christians also look forward remembering that Jesus will come again (1 Corinthians 11:26b, “till he

come,” John 14:3), and then of course, Christians look inward, remembering to examine and observe the Supper in a proper and respectful manner (1 Corinthians 11:28, “examine himself”). If we forget and fail to remember Jesus in the proper way, eternity’s pain will be ours for sure (1 Corinthians 11:29-30)!

Thirdly, Sunday is a day of **renewal**. I am not sure about you, but Christianity is a constant renewal and rededication to God’s purpose for my life. Sometimes, I get off track! I fail to think and meditate on the spiritual and allow the physical to take over. Sunday is a focal day, the beginning again! Worship helps me to remember what is truly important in this life. Although worship is tiring physically, it is renewing and refreshing spiritually!

While the first day of the week may not have the restrictions placed upon it as did Israel’s Sabbath, Sunday is not just another day! God expects us to use Sunday properly by recognizing its awesome reason or purpose, by using it as a day to remember Calvary and the price that was paid for our sins, and thus, it is a day to renew and rededicate ourselves to the spiritual plans God has laid for us. **Reason, remembrance and renewal**, that’s what I love about Sunday!